

opened in the 1920s. Try the Ribs and Fry and you'll see why this was Bill Clinton's favorite 'cue when he lived in Arkansas (mcclards.com). End the day with a beer at the **Superior Bathhouse** (superiorbathhouse.com), where brewers use water from the springs.

SHOP: Peruse **Tillman's Antiques**, downtown on Central Avenue, for vintage jewelry and reproductions, like a replica of Jackie Kennedy's engagement bracelet. 501/624-4083

DO: The historic **Quapaw Baths & Spa** recently underwent a \$2 million renovation, making it one of the most deluxe spa settings on Bathhouse Row. Book The Mountain Dream treatment, which includes a hot stone alignment and facial for \$105. quapawbaths.com

Lewisburg

WEST VIRGINIA

Back-to-the-landers flocked to this stretch of West Virginia near the Greenbrier Hotel in the 1970s. Lewisburg is one of the most culturally diverse areas in the South with a rich music scene (it is home to one of four active Carnegie Halls in the world), tons of art galleries lining the main thoroughfare, and a plethora of outdoor adventures.

STAY: When new owners took over the historic **General Lewis Inn** last year, they kept the original cozy grandma's-house appeal but added a bar where you can pick up a cocktail to enjoy while sitting on the porch. Rates from \$110; generallewisinn.com

EAT: Lewisburg sticks to its

agricultural roots with restaurants serving dishes that showcase the natural bounty of the Greenbrier Valley. Snag a table by the fire at **Stella's**, and order anything with polenta, made from cornmeal ground at the local Reed's Mill. stellaswv.com

SHOP: **Harmony Ridge Gallery** spans 5,000 square feet with crafts, art, and furniture made by American artists. It's not unusual to find locals mingling around the gallery's wine bar in the late afternoon. harmonyridgegallery.com

DO: Rent a bike at **Hill & Holler** (hillandhollerbikes.com) to see fall leaves from the **Greenbrier River Trail**, which meanders along the water for a full



ABOVE: Lewisburg's Stardust Cafe. We suggest the toffee pudding cake. stardustcafewv.com

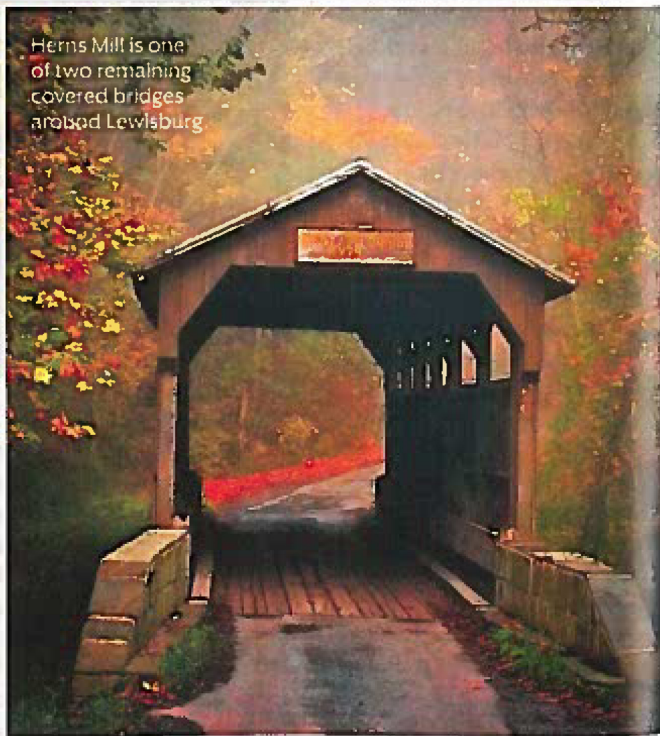
78 miles. The closest access point from Lewisburg is at the North Caldwell trailhead. greenbrierrailtrailstatepark.com

Sewanee

TENNESSEE

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Univer begins town a blend : the Cu an exp called **STAY:** Tl match- archite rooms campu sewaneeseawnee.edu **EAT:** Sh (5774) is restau locals early 2 establ mushr once a; more t



Hens Mill is one of two remaining covered bridges around Lewisburg

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premium fabrics
modern styling